

### North Campus Virtual Safety Walk November 13

The HSC Staff Committee invites you to participate in a virtual North Campus Safety Walk the week of November 13. It's easy! Click [here](#) for information, [guidelines and checklist](#). Campus safety is everyone's concern—please participate! For more information, contact Roxanne Roessner, [roessne@salud.unm.edu](mailto:roessne@salud.unm.edu) or 272-4796.



### Yoga Class Tuesdays & Thursdays

Free Yoga classes for HSC students, faculty & staff on Tuesdays & Thursdays, from 12:05-12:50pm. Class meets in the new Domenici classroom building on the 2nd floor, room 2720, for now.

### Meditation Group Mondays & Fridays

The group meets Monday and Fridays from noon to 1 pm in Room 2403 of the North Building in the Domenici Center for Health Sciences Education — just down the hall from the Anatomy Lab. Faculty, Staff, and Students are welcome to attend. No passes or fees are required, and a quick introduction to meditation can be given for newcomers. People can come late or leave early, if need be.



### Animal Humane New Mexico's 2017 Holiday Wish List 10th Annual Happy Tails Drive

Express your love of animals and help us support the efforts of Animal Humane New Mexico as they care for the homeless pets in their shelter who await a "forever home!" Please contribute to our Happy Tails Donation Drive. This year, you can drop off donations in the vestibule of HSLIC from Nov. 13th through Dec. 8th. For added fun, Staff Council is hosting a bin decoration contest. So bring your kids' leftover craft supplies, your hot glue gun, and your inspiration on Wed., Nov. 15th from 12-1 pm to the vestibule of HSLIC and we'll work outside if the weather is nice.

#### "Holiday Wish List"

#### Foster Care:

- Canned kitten food—Fancy feast pate-style, poultry based preferred, dog and cat pheromone calming collars (Feliway brand), PetAG brand KMR (kitten milk replacer)

#### Adoptions & Behavior:

- canine collars & harnesses (any size), rubber dog toys (durable, non-plush), such as puzzle & kong (especially large sizes), canned tuna or sardines in water, Zylkene brand anti-anxiety milk-based supplement

#### Animal Care:

- canned grain-free cat and dog food, Kuranda beds, Mr. Clean Magic erasers, Clorox liquid bleach, liquid dish soap

#### Clinic:

- 32oz spray bottles, hydrogen peroxide, potty pads, AA lithium batteries, cat & dog food (dry or wet).

Please shop at & donate to our Thrift Shop 615 Virginia St. SE, Albuquerque, NM 87108

### IMPORTANT UNM RECYCLING INFO

UNM Recycling would like to clarify some of our processes. Recycling techs will not enter offices to pick up **blue desk side bins**, these bins **must be emptied** by the office occupant **into the larger blue bins located on their floor**.

Also **cardboard boxes should not be left in hallways**. UNM Safety and Risk Services has determined that neither corridors nor exits may be blocked by furniture or other obstructions since it could slow evacuation in the event of an emergency. Neither custodians nor recycling techs are allowed to remove cardboard boxes from the hallways, this is the responsibility of the building occupants. **Cardboard boxes should be flattened and placed adjacent to the large blue recycling bins, inside a trash room, or in the cardboard cages located outside near the building loading dock**. Recycling techs will pick up cardboard in those locations. If you have any further questions about recycling, please contact Mary Clark, Sustainability Manager, at 277-1142 or [mary@unm.edu](mailto:mary@unm.edu). Thank you.



### UNM School of Medicine Presents: Human Performance in the Extreme

#### Hiking the Grand Canyon November 8, 2017

#### Albuquerque Academy 6400 Wyoming Blvd NE

Each year, a growing number of people attempt to cross the Grand Canyon in a single day. While many suffer only damaged muscles, dehydration, and fatigue, some pay a much steeper price.

Hear which factors contribute to the success of human performance, particularly in an extreme environment.

Whether you are planning to hike the Grand Canyon, or spend a day in the Sandia Mountains, learn how you can prepare for a safe outdoor experience.

Moderated by Barry Ramo, MD., Medical Director, New Heart Center for Wellness, Fitness & Cardiac Rehab Clinical Prof., UNM SOM, Medical Editor, KOAT-TV.

#### Presenters:

Jon Femling, MD, PhD, Assistant Professor, Department of Emergency Medicine, UNM SOM.

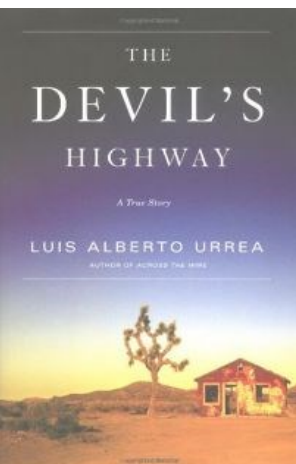
Emily Pearce, former US Park Service Search and Rescue Ranger.

Glory Emmanuel-Avina, PhD, Cognitive Psychologist, Sandia National Laboratories.

The event is free and open to the public. Please register at [www.aa.edu](http://www.aa.edu) on the "Community Academy" tab beginning October 1. For more information contact Lori Peterkin at 505.272.8085 or [LPeterkin@salud.unm.edu](mailto:LPeterkin@salud.unm.edu)

### Staff Research Expo January 19, 2018

Staff Council is hosting the Staff Research Expo on Friday, January 19th, 2018, to highlight studies for which staff members have served as Principal Investigator or a Co-Principle Investigator. If you are interested in presenting your research poster, please complete the [Presentation Interest Form](#) by December 15th. Posters will be on display from 9am-12pm; and presenters should plan on being available for discussion at their posters from 9am-10am. Please contact Staff Council Administrator, Amy Hawkins, at 277-1532 or [scouncil@unm.edu](mailto:scouncil@unm.edu) with questions.



### HSC Book Club:

The HSC Book Club will have a 'make-up' meeting for August on Thursday, November 30 from noon-1pm in Domenici North Wing room 1731. The book is *Devil's Highway* by Luis Alberto Urrea. Everyone is welcome. For more information, contact Lori Peterkin, [LPeterkin@salud.unm.edu](mailto:LPeterkin@salud.unm.edu)

In May 2001, a group of men attempted to cross the Mexican border into the desert of southern Arizona, through the deadliest region of the continent, the "Devil's Highway." Three years later, Luis Alberto Urrea wrote about what happened to them. The result was a national bestseller, a Pulitzer Prize finalist, a "book of the year" in multiple newspapers, and a work proclaimed as a modern American classic.

The HSC book club will not meet in December. It will resume meeting on the 4th Thursday of the month on January 25 from noon-1PM in Dean's large conference room on the first floor of Fitz Hall. The discussion book is *Cutting for Stone* by Abraham Verghese. All members of the campus community are welcome—PLEASE JOIN US!

For more information, contact Lori Peterkin, [lpeterkin@salud.unm.edu](mailto:lpeterkin@salud.unm.edu)

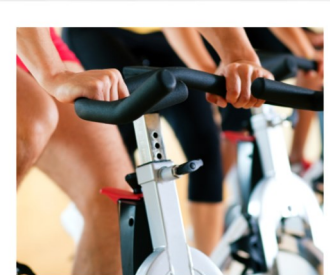


### Check Out the HSC Office Supply Exchange!

Everything is free! Just in are brand new banker boxes, desk drawer organizers and we still have a variety of printer cartridges, among other miscellaneous office supplies. The exchange is located in the copy center in the basement of Fitz Hall (North Campus) and open from 8 - 10 AM and 1 - 3 PM. You may also donate usable items by placing them on designated shelves.

[Available ink cartridges](#)

For more information contact Lori Peterkin, [lpeterkin@salud.unm.edu](mailto:lpeterkin@salud.unm.edu)



### World Of Wellness - WOW Passes Still On Sale!

The Fall 2017 WOW Fitness Schedule is up online and passes are now available for purchase online at <http://recsvcs.unm.edu/fitness/world-of-wellness.html>. A yoga class will be offered on North Campus (Health Education Building 3, room 2720) on Tuesdays and Thursdays, 12:00-1:00pm. CDD will also offer an evening yoga class on Tuesdays and Thursdays, 5:30-6:30pm in the East Building, room 103.

### HSCS Committee Charge

As a standing committee of the UNM Staff Council, the HSCS Committee carries out the missions of the Staff Council as they relate to staff within the Health Sciences Center (HSC). The Committee collaboratively develops and implements activities, initiatives, and proposals that improve the lives of staff within the HSC, and enhances the visibility and recognition of the important role staff play in the overall success of the HSC. Membership on the committee is restricted to, and optional for, HSC staff.

[staffcouncil.unm.edu/committees/HSC-staff/](http://staffcouncil.unm.edu/committees/HSC-staff/) | HSCS Committee Email address: [HSC-Staff-Committee@salud.unm.edu](mailto:HSC-Staff-Committee@salud.unm.edu)

### Current HSCS Membership

Lori Peterkin Co-Chair (SOM Development)  
Nancy Shane, Co-Chair (SOM UME Program Evaluation)  
Danelle Callan (Family & Community Medicine)  
Cindy Garcia (School of Medicine Admissions)  
Jessica Gutierrez (College of Nursing)

Melissa Meier (Project Echo)  
Jodi Perry (College of Pharmacy)  
Christine Heinemeyer (SOM Dept. of Surgery)  
Patrick Newman (SOM Dept. of Surgery)

Roxanne Roessner (College of Nursing)  
Carla Sakiestewa (Cancer Center)  
Jessica Serna (SOM Dept. of Surgery)  
Bridgette Wagner Jones (College of Pharmacy)